

MARIN HEALTHCARE DISTRICT

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Board of Directors Lease and Building Committee Wednesday, January 29, 2020 @ 5:30 pm

MINUTES

1. Call to Order

Committee Chair Jennifer Rienks called the meeting to order at 5:35 p.m.

2. Roll Call / Approval of Agenda / Approval of Minutes

Committee Members Present: Jennifer Rienks, Chair; Brian Su, MD

Staff Members Present: Jamie Maites, VP of Marketing & Communications; Louis Weiner, Executive Assistant

Guests Present: Michelle Javid (JFCS Seniors At Home); Sarah Holmsen (Alzheimer's Assn); Anita Szady, MD; Linda Gaudiani, MD

It was moved, seconded and carried to approve the agenda as presented.

It was moved, seconded and carried to approve the minutes of the Lease & Building Committee meeting of November 20, 2019, as presented.

3. Public Comment

There was no public comment.

4. Community Health Seminar Series Proposal: "The Benefits of Early Detection of Dementia"

Michelle Javid of JFCS' Seniors At Home Program and Sarah Holmsen of the Alzheimer's Association presented their proposal (Tab #2). It was agreed to schedule this event for May or June; Mr. Weiner will work to find the date.

Dr. Su suggested inviting MHMC staff neurologists Dr. Ilkcan Cokgor, Dr. John Panagotacos, Dr. Sandra Shefrin; he will connect with them. Tori Murray, Director of Wellness, is connecting with Dr. Melanie Lising.

This will next be reviewed at the April 29 meeting of this Committee in advance of the event.

5. MHD Annual Report Newsletter Planning

Ms. Maites reported that the annual report newsletter can be produced in-house with a quicker turnaround than previously done, within the next month, and with greener production. It will be sent to 100,000 households within the District area in Marin; she will research feasibility for including Novato.

It will include an update from CEO Lee Domanico, information about District support of the Behavioral Health program, status of the new hospital construction and opening, news of MarinHealth hospital and clinic services and growth, and the Community Health Seminar series. She will send the proof to the members of this Committee for their final input and approval before printing and sending.

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6. **Community Health Seminar Event, March 4: “Women and Cardiometabolic Health”**

This event has been confirmed and Dr. Anita Szady and Dr. Linda Gaudiani discussed what they would be presenting. Dr. Szady will speak of cardiovascular issues unique to women including heart disease and improving heart health. Dr. Gaudiani will link heart health and women’s endocrine issues including diabetes, hormonal development, gestational diabetes, stress, prevention, etc.

Ms. Maites noted that the event will be publicized in the usual manner via print, e-media, social media, etc., throughout the Marin public and medical communities.

7. **Adjournment**

Chair Rienks adjourned the meeting at 6:52 p.m.